



Healthy Families Cherokee County™

Healthy Families Cherokee County is a program offered through Cherokee Regional Medical Center Public Health and is designed to offer assistance to families of newborns within the community.

What can Healthy Families Cherokee County do for me?

The purpose of Healthy Families Cherokee County is to help you relieve some of the stress of having a new baby and coping with other situations at the same time. Your Family Support Worker will become someone you can count on! She/he will help you decide what you want out of life and help you get it!

What can Healthy Families Cherokee County do for my baby?

Your Family Support Worker can help give you and your baby the most valuable gift of all- a loving, nurturing, happy family. She/he will teach you ways to care for your baby that will help him/her become the very best he/she can be.

What about my husband/boyfriend and other children?

Healthy Families Cherokee County wants to help strengthen your family life. We want to involve the baby's father (or your significant other) whenever possible and also help you with your other children.

Where does this take place?

Usually, your Family Support Worker will visit with you in your home. She/he may also accompany you to doctor's visits or other appointments.

How much does it cost?

All Healthy Families Cherokee County services are free, thanks to support from state/local governments and private funders.

What if the program is full?

If Healthy Families Cherokee County is full when you deliver your baby, the Family Support Worker will visit with you, tell you about services in our community that may be helpful, and give you information about other programs and community services.



**CHEROKEE REGIONAL
MEDICAL CENTER**
Healthy Families Cherokee County
1000 S. 2nd St. Cherokee, Iowa 51012
712.225.2129 www.cherokeermc.org

