

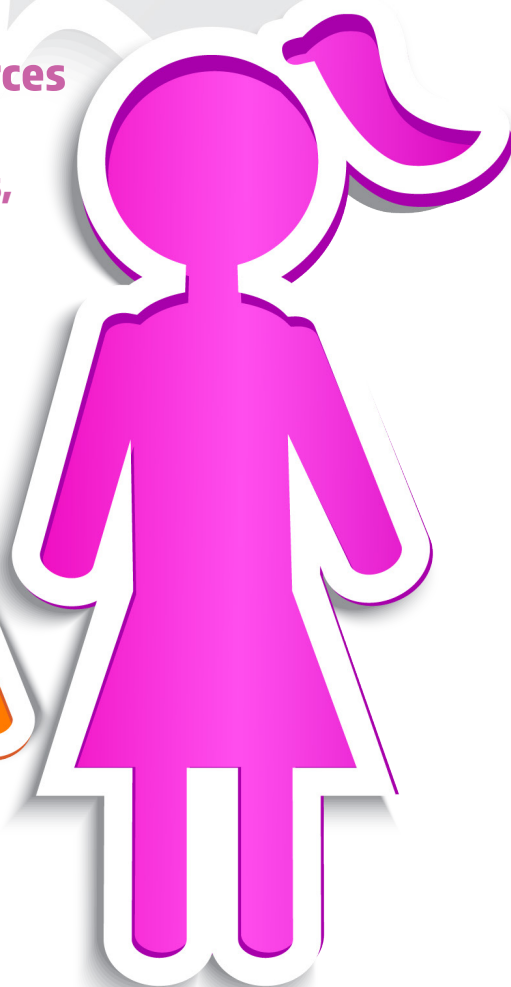
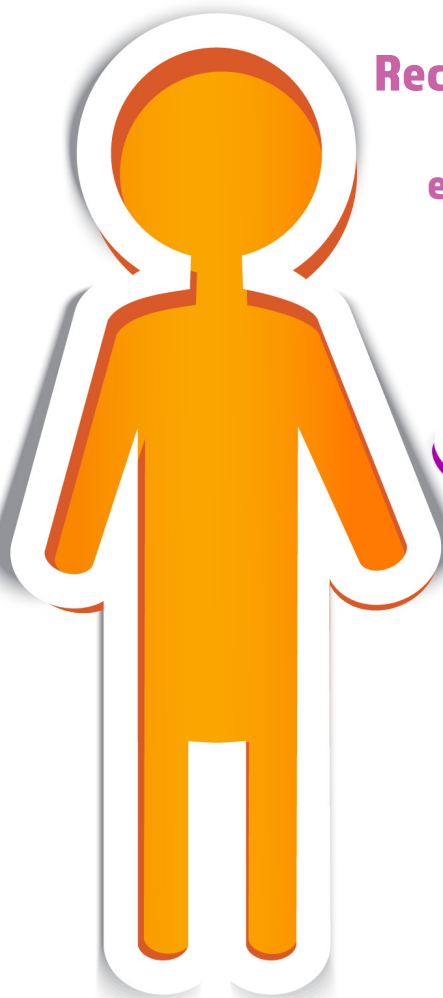
# ATTENTION CHEROKEE COUNTY FAMILIES ...

You do NOT want to miss this  
life-changing opportunity from  
Cherokee Regional Medical Center  
Public Health!

**FREE home visitation program for families  
with a newborn or expecting a baby.**

**Receive encouragement & resources  
(including an incentive program to  
earn items like video baby monitors,  
pack-n-plays, car seats and more)!**

Ask your nurse at your next appointment  
or contact CRMC Public Health today!





**Healthy Families Cherokee County is a voluntary program offered through Cherokee Regional Medical Center Public Health and has opportunities for prenatal families and/or families of newborns in Cherokee County (up until the child turns 5 years old or they begin preschool).**

### **What can Healthy Families Cherokee County do for me and my baby?**

The purpose of this program is to help you relieve some of the stress that can come with pregnancy and welcoming home a new baby. Your Family Support Specialist can help give you and your family the most valuable gift of all - the opportunity to become a more loving, nurturing, and healthy family! Not only will your specialist be a great source of support and encouragement, but they can also connect you with beneficial resources for you and your baby when needed. Your Family Support Specialist will also work with you to ensure your baby is healthy (physically, emotionally and developmentally).

### **What about my partner/spouse and other children?**

One of our overall goals is to help you strengthen your family life. We want to involve the baby's parents/caregivers whenever possible as well as the other children in your family unit!

### **Where does this take place?**

Your Family Support Specialist will visit you in your home. Visits usually last around an hour and will typically take place on weekdays between 8:00am-4:30pm. Your specialist will coordinate visits with your schedule to make them convenient for you!

### **How much does it cost?**

All Healthy Families Cherokee County services are **FREE** and offer an incentive program where you can earn such necessities as baby monitors, pack-n-plays, diapers, baby-proofing kits, and more. These are all thanks to support from state/local governments and private funding.

### **What if the program is full?**

If the program is full at your time in inquiry, a Family Support Specialist can connect you with other helpful services in the community and refer you to other programs if needed.



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