CRMC Radiology Reminds Women to Schedule a Mammogram October is Breast Cancer Awareness Month

This October, the Radiology Department at Cherokee Regional Medical Center reminds women of the importance of mammogram screening. According to the American Cancer Society, 1 in 8 women will develop breast cancer. This is a startling statistic, but the good news is that with early detection, breast cancer can be treated effectively.

"At CRMC we offer comprehensive digital mammography services locally," says Jessica Knippel, CRMC Radiology Manager. "Since early detection is the best defense in the fight against breast cancer, we encourage all area women to be diligent about their breast health. Women with a history of breast cancer in their family or over age 40 need to discuss mammogram screening with their medical provider."

Women who have never had a mammogram may wonder how a mammogram is performed. A technologist will place your breast on a plate, then another plate will firmly press your breast from above. The plates will flatten the breast, holding it still while the digital images are taken. You will feel some pressure and some women may find the process to be somewhat uncomfortable. Each woman's experience may be somewhat different, however, because each individual's breasts are unique.

All mammograms at CRMC are read by our in-house board certified Radiologist and the results will be shared with your medical provider.

Knippel feels that the benefits definitely outweigh any potential discomfort. "I understand why some may be a little hesitant to schedule a mammogram, says Knippel. "However, the experienced mammography techs at CRMC will help you through the process quickly and try to keep any discomfort to a minimum. I want to reiterate that a few moments of discomfort can potentially save a life. That alone makes it worth it in my opinion," she added.

In fact, death rates due to breast cancer have been decreasing since 1989. These decreases are the result of treatment advances, earlier detection through screening, and increased awareness. For more breast cancer facts and statistics, visit www.breastcancer.org.

If you have any questions regarding mammography screenings, please discuss with your medical provider or contact the Cherokee Regional Medical Center Radiology Department at 712.225.1501.



In October, the CRMC Radiology Department wears pink to recognize National Breast Cancer Awareness Month. We are proud to have a dedicated Radiology team who provides exemplary services to our patients every day.

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