Cherokee Regional Medical Center
300 Sioux Valley Drive
Cherokee, Iowa 51012

# PRESS RELEASE

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**September 14, 2012- For Immediate Release!**

## CHEROKEE REGIONAL MEDICAL CENTER OFFERS ANNUAL FLU SHOTS

Cherokee Regional Medical Center will be offering ANNUAL FLU SHOTS to interested individuals. Influenza ("the flu") is a serious virus that spreads from infected persons to the nose or throat of others. Influenza can cause fever, cough, sore throat, headache, chills and muscle aches. Influenza vaccine is released in partial shipments to providers across the country as it becomes available from manufacturers. No shortage of the vaccine is expected this year, however, the CDC recommends to not delay getting the vaccination.

Cherokee Regional Medical Center will be administering flu shots for anyone 3 years of age or older at various locations during the month of October. The following flu shot clinics are open to the general public. Cherokee Regional Clinic patients are encouraged to utilize these flu shot clinics as a quick and convenient way to obtain the vaccination. It is also recommended that children under three years of age get a flu vaccination. Please contact your child's physician to schedule an appointment. The single best way to prevent the flu is to get a flu vaccine each fall.

**Monday, October 1, 2012 @ Aurelia Community Center- Aurelia**
4:00 p.m. – 5:30 p.m. No appointment required, just walk in.

**Tuesday, October 2, 2012 @ Cherokee Regional Clinic - Holstein**
4:00 p.m. - 5:30 p.m. – No appointment required, just walk in.

**Wednesday, October 3, 2012 @ Cherokee Regional Clinic - Marcus**
4:00 p.m. – 5:30 p.m. – No appointment required, just walk in.

**Thursday, October 4, 2012 @ CRMC Wellness Center- Cherokee**
4:00 p.m. - 5:30 p.m. – No appointment required, just walk in.

**Friday, October 5, 2012 @ Cherokee Main Street Pharmacy – Downtown Cherokee**
4:00 p.m. – 5:30 p.m. – No appointment required, just walk in.

Flu shots are Medicare Part B and Medicare Advantage plans covered (CRMC will bill Medicare). All Medicare clients MUST bring their Medicare and Social Security Cards. The cost of a regular flu shot will be $23. In addition, Intradermal dose shots (ages 18-64) will be available this year for $36. High dose flu shots (recommended for ages 65 and above) will also be available at a cost of $40. If you have any questions, contact Traci Wilke, RN at (712)225-3368 ext. 248. Go to www.cherokeermc.org to view these dates and locations online.

If your business is interested in having CRMC come to your site and give flu shots to your employees, please call the Occupational Health Department at (712) 225-3368 Ext. 248. A minimum of 10 or more individuals is required for CRMC to come to your site.

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